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Sahak Parparyan is the It's Showtime 85MAX World Champion, last defending it against Andrew Tate on May 12 in Belgium, where he won a five round unanimous decision. Sahak hasn't fought since then but he returned to the ring yesterday.

Yesterday in Alkmaar, Netherlands, Iron Ring took place where the biggest fight on the card was Sahak Parparyan vs. Jason Wilnis, an up and coming 21 year old Dutch fighter. Sahak ended up winning a decision and getting another win this year, advancing his record in 2012 to 5-0 after four wins in the first half of the year. It's still a good win for Sahak as he was able to get some ring time against a competent opponent after not fighting since May.

For Wilnis, he is just only 21 so he's still got a future ahead of him. He did lose to Cheick Sidibe on May 12 at It's Showtime but still has potential and it's way too early to write him off.

Also on the card was another up and coming Dutch prospect, Steve Poort, who is still fighting in the B Class. Poort actually lost a decision, surprisingly, to Regian Eersel but again, it's another case like Wilnis' where losses to young up and comers don't mean you can write them off. It's not unusual for a prospect to lose in the B Class and come back much better, just like the likes of Robin van Roosmalen have done.