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This weekend has been a strange one when it comes to K-1 news. The fallout from the K-1 World Grand Prix has left a lot of people in doubt over some of what went down, especially when it comes to Badr Hari. Where Badr Hari goes, controversy follows, apparently. As we all know by now, Badr Hari fought Zabit Samedov in the Final 8 round of the K-1 World Grand Prix, but claimed to have a broken foot and was unable to compete in the tournament.

This followed some rumors and tips that LiverKick.com had received leading up to the event that Badr Hari would only fight once during the event, as well as a report that someone would come down with an injury during the event and not move forward. The photos that emerged of Badr Hari's foot being heavily inflamed seemed to tell the story pretty well, though, and it seemed like an open and shut case; he was injured, he couldn't move on, rumors were rumors.

Not so fast.

Then today Badr Hari makes a statement to Dutch press that his foot is indeed not broken , but he has a sprained ankle. It looks like a case of draining it and wrapping it would have done the trick if he opted to move on with said injury, which is not uncommon in the one-night tournament format at all. In this last event we saw Dzevad Poturak compete on an injury and in the 2010 K-1 World Grand Prix Gokhan Saki competed with two hefty injuries. There has also been word that Badr Hari is training for a fight with K-1 in May, but nothing official on that yet.